

AMANDA LAPERA

Award-Winning Author |
Speaker | Mental Health
Advocate



MEDIA COVERAGE & EXPERIENCE

- **Featured Guest on Podcast:** *It Matters How We Treat One Another*
- **Front Cover Magazine and Featured Article:** *Laguna Hills Living Magazine* (print)
- **Author Interview:** *San Diego Voyager Daily Inspiration*
- **Presenter:** NAMI CA Conference Workshops
- **Speaker / Mental Health Panels:** *Each Mind Matters* Conference Workshops
- **News Article:** *Huntington Beach News*
- **Motivational Speaker:** Littlerock High School and Lake LA School
- **News Article:** *Antelope Valley Press*
- **Featured Storyteller:** CA State Historic Park Antelope Valley Indian Museum

MEDIA GALLERY



TESTIMONIALS

"A uniquely powerful, deeply personal chronicle that will resonate with readers."

—*Publishers Weekly BookLife Prize*
(Quarter Finalist)

"Written with compassion, emotion, and insight... with a hard-won emphasis on healing and hope."

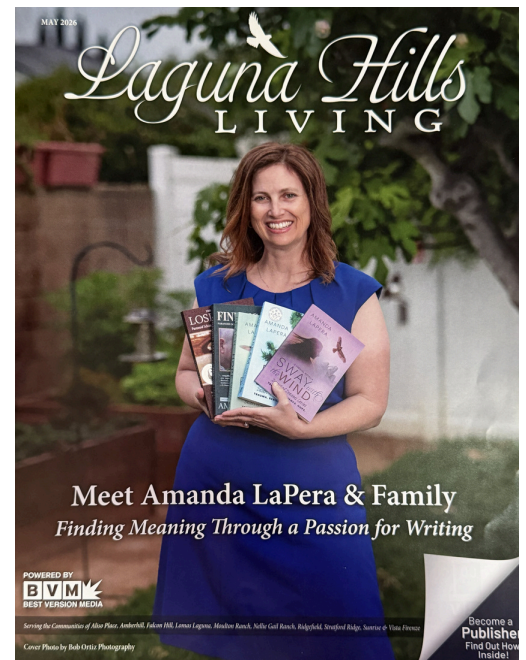
—*BookLife Reviews* (Editor's Pick)

"Hard-hitting, powerful... highly recommended."

—D. Donovan, Senior Reviewer, *Midwest Book Review*

"Will inspire and encourage loved ones not to give up hope even when getting help seems all but impossible."

— Amy Raines for *Readers' Favorite*



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